

## Welcome to Gothenburg Athletics Grand Prix on August 18<sup>th</sup> 2018.

Please read the information below.

<b>Hotel</b>	Spar Hotel Majorna Karl Johansgatan 66 Phone +46 (0)31-751 07 00 Website: <a href="http://www.sparhotel.se">www.sparhotel.se</a> E-mail: <a href="mailto:majorna@sparhotel.se">majorna@sparhotel.se</a>
<b>Phone calls, Pay-TV</b>	If you want to use the phone in your room for outgoing phone calls or want to watch pay-TV you must present your credit card at the front desk. Those services are not included in your stay.
<b>Checkout</b>	The checkout time is at 12.00 noon on Sunday August 19 <sup>th</sup> .
<b>Breakfast</b>	Breakfast will be served on floor two between 06.30 a.m. and 12.00 noon all days.
<b>Info and service for athletes and coaches</b>	There is an Athletes' Office on second floor. The opening hours are: Friday 17 <sup>th</sup> 09.00-09.00 p.m., Saturday 18 <sup>th</sup> 08.00 a.m.-10.00 p.m. and Sunday 19 <sup>th</sup> 08.00 a.m.-03.00 p.m. Here you can find the timetable for the competition, maps of Gothenburg and transport service. If you have any questions, please visit the office. You can also reach the office by phone: +46 738 44 69 26.
<b>Meals</b>	<b>Lunch Friday:</b> in the restaurant between 01.00 p.m.-03.00 p.m. <b>Dinner Friday:</b> in the restaurant between 06.00 p.m.-08.30 p.m. <b>Lunch Saturday:</b> in the restaurant between 01.30 p.m.-03.30 p.m. <b>Dinner Saturday:</b> at the competition area, between 06.00-08.30 p.m. Your Accreditation Card is also your food ticket.

<b>Competition</b>	<b>Competition arena:</b> Slottsskogsvallen <b>Project Leader:</b> Henrik Eliasson +46 70 435 31 34, <a href="mailto:henrik.eliasson@goteborgfriidrott.se">henrik.eliasson@goteborgfriidrott.se</a> <b>Athletes contact:</b> Mario Bassani + 46 70 485 00 01, + 1310 709 1796 <a href="mailto:goteborg_gp@goteborgfriidrott.se">goteborg_gp@goteborgfriidrott.se</a> <b>Website:</b> <a href="http://www.goteborggp.se">www.goteborggp.se</a>
<b>Entry</b>	Your entry is made by contacting Mario Bassani <b>at the latest on August 8<sup>th</sup></b> . Phone: + 46 70 485 00 01
<b>Late Entry</b>	In exceptional cases, late entries may be accepted through a request to Mario Bassani + 46 70 485 00 01. The fee for an accepted late entry is 240 SEK. No entries will be accepted on the competition day.

<b>Withdrawal</b>	To withdraw contact us by e-mail, <a href="mailto:goteborg_gp@goteborgfriidrott.se">goteborg_gp@goteborgfriidrott.se</a> , or phone to Mario Bassani + 46 70 485 00 01. <b>You must inform your withdrawal no later than 06.00 p.m. the day before competition day or else you will be charged 1 000 SEK.</b>
<b>Traning</b>	It is possible to use our indoor track <b>Friidrottens Hus</b> for training until 07.00 p.m. on Friday 17 <sup>th</sup> . At the competition arena there will be ongoing preparations, so training is limited but with great respect for the workers you can use the arena for training between 02.00 p.m.-07.00 p.m. on Friday. At the competition day you are only allowed to use our indoor track. Accreditation is mandatory to enter the arena.
<b>Implements check</b>	Please bring your implement to the implements check at the indoor track no later than 90 minutes before the start of your event.
<b>Bibs</b>	The bibs will be handed out at the indoor/warm-up arena on the competition day from 03.00 p.m. You must wear your bib on the front (except for high jumpers who may wear the bib at the back) and it is forbidden to fold away the commercial logos at the bib. You must pick up your bib at least one hour before your event starts.
<b>Competition clothing</b>	You must use your club vest or sponsors vest while competing. Any larger logos will be taped in accordance with the IAAF Advertising Regulations.
<b>Warm-up</b>	There is a green park close to the competition arena for warm-up outside. It is also possible to use the indoor arena, Friidrottens Hus, located next to the competition arena. Throwers may use our throwing field just outside of the indoor arena. Warm-up is not allowed at the competition arena before you have passed the call room.
<b>Heats</b>	In running events the seeding is based on your season best. Heats will be presented at our website <a href="http://www.goteborggp.se">www.goteborggp.se</a> and in the app <i>Roster Athletics</i> . Any changes will be announced at competition day and will be available in Friidrottens Hus.
<b>Height Progressions</b>	The height progressions for vertical jumps will be presented on the website closer to competition day, <a href="http://www.goteborggp.se">www.goteborggp.se</a> , and in the app <i>Roster Athletics</i> .
<b>Spikes</b>	The maximum length of spikes is 7 mm for track events and 9 mm for field events.
<b>Call Room</b>	The Call Room procedures prior to each event are as follows: <b>Field events:</b> report to the Call Room 45 minutes before, entrance infield 40 minutes before <b>Track events:</b> report to the Call Room 25 minutes before, entrance infield 20 minutes before The call room is located in the indoor arena, Friidrottens Hus.
<b>Infield</b>	It is forbidden for athletes or coaches to be on the infield without authorisation for security reasons.

<b>Post competition procedure</b>	The official in charge of each event will tell you when you may leave the arena. The winner will move on to the prize ceremony immediately following the end of competition, others leave the arena through mixed zone. The winners of the running events will be taken care of by officials at the finish area.
<b>Prize Ceremony</b>	The Prize Ceremony is held immediately after each event and involves only the winner of the event. In those events with more than one heat, the prize money will be handed out to the winner of heat A.
<b>Mixed Zone</b>	All athletes must pass through the Mixed Zone after the end of their event. The Mixed Zone is located after the finish line.
<b>Protests</b>	You must file a written protest to the competition office located in the tower by the finish line no later than 30 minutes after the results have been published. The protest fee is USD 100.
<b>Results</b>	Download the app <i>Roster Athletics</i> for Live-Results. The app can be found on App-Store or Google play for free.
<b>Massage</b>	All athletes are welcome to use our massage service according to the following opening hours: Friday 17 <sup>th</sup> 04.00 p.m.-09.00 p.m. at the hotel Saturday 18 <sup>th</sup> 03.00 p.m.-08.00 p.m. at the indoor track, Friidrottens Hus.
<b>Athletes entrance</b>	By the 100m start with the bib as your entrance ticket.
<b>Coaches accreditation</b>	Coaches need a special Accreditation Card and should therefore contact Alexander Nilsson by e-mail: alexander.nilsson@goteborgfriidrott.se to be signed up for an Accreditation Card that can be collected in Friidrottens Hus.
<b>Parking</b>	Free parking is available at the gravel field close to the outdoor track.
<b>Dressing rooms/shower</b>	There are dressing rooms available at the main building that connects to the competition arena.
<b>Medical care</b>	There will be doctors, nurses and masseuse present for the entire competition.
<b>Anti-Doping</b>	<b><u>Athletes must bring a valid photo identification such as Passport to the arena. If you should be chosen for doping test you must be able to identify yourself.</u></b>
<b>Food &amp; Snacks</b>	There will be food and snacks available for sale.
<b>Athletes Dinner</b>	Between 06.00 p.m.-08.30 p.m. dinner will be served for all competitors. Athletes use their Accreditation Card as a food ticket.